

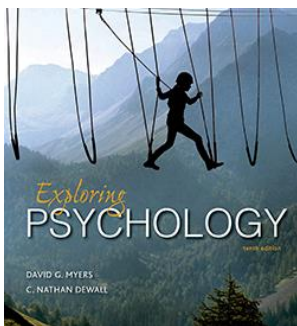
Instructor: Maggie Seibel  
E-Mail: Use Canvas email for all correspondence  
Phone: 425-564-2072 (Direct to Voice Mail)  
Online Office Hours: Refer to the Canvas Getting Started Module for specific times

Social Science Division Office Location: D110  
Social Science Division Phone: 425-564-2331

Social Science Division Website:  
<http://www.bellevuecollege.edu/socsci/>

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### **REQUIRED TEXT BOOK:**



Myers, David & DeWall, Nathan 10th edition, Worth Publishers, 2016.  
Any format is acceptable, including paperback, eBook, or rental. See the BC Bookstore for pricing and availability.

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### **COURSE DESCRIPTION:**

General Psychology broadly surveys the knowledge and methods of the discipline of psychology by presenting methods, concepts, and principles of psychology. Topics include psychophysiology, sensation and perception, learning and memory, motivation, development, emotion, health, stress, personality, and abnormalities and their treatments.

### **COURSE OUTCOMES:**

Upon completion of this course, the successful student will be able to:

- Describe key concepts, principles, and overarching themes in psychology.
- Describe psychology's content domains and areas of application to human behavior.
- Use scientific reasoning to understand, apply and/or critique various research methods and theoretical perspectives used by psychologists to study and explain behavior.
- Apply critical thinking and ethical standards to evaluate assumptions, claims, and common sense ideas about behavior.
- Apply psychological principles and findings to enhance interpersonal relationships at individual, community, national, and global levels.
- Communicate effectively in written and/or oral formats in academic and professional life.



## **COURSE FORMAT:**

This is an online course with all assignments and exams completed on our Canvas website. To succeed in this course, you must regularly use a computer with Internet access. If you don't have a home computer with Internet access, and you live close to campus, you can access the location and times of computer labs by following the link here. [Student Computer Labs & Printing Kiosks](#)

If you have questions about the course, please read the Getting Started folder on our course website first before asking your professor. Take active responsibility for your own education. You will be expected to read the weekly chapters before completing the assignments. Challenge assumptions, and consider the implications and applications of course material. Thinking deeply about the course material will not only help you remember it better – it'll make it more fun!

## **COURSE REQUIREMENTS & GRADES:**

<b>The final grade is based on a total of 935 points. These points are calculated as follows:</b>		
Exams	4 x 100 points each	400 Points
Video Quizzes	15 x 5 points each	75 Points
Chapter Quizzes	4 x 10 points each 6 x 20 points each	160 Points
Discussions	10 Individual Posts x 10 points 10 Responses x 10 points	100 Points 100 Points
Written Assignment	Psychology Research Paper	100 Points
<b>Total</b>		<b>935 Points</b>



In conformity with BC's grading policy, the grades will be assigned as follows:

A 100% – 94% (4.0)	B+ 89% – 87% (3.3)	C+ 79% – 77% (2.3)	D+ 69% – 67% (1.3)
A- 93% – 90% (3.7)	B 86% – 84% (3.0)	C 76% – 74% (2.0)	D 66% – 64% (1.0)
	B- 83% – 80% (2.7)	C- 73% – 70% (1.7)	D- 63% – 60% (0.7)
			F 59% – 00% (0.0)

## **PREREQUISITES:**

None. This course serves as a prerequisite for many upper level courses.

## EXAMS:

There will be four (4) exams, each worth 100 points. Each exam will cover information that is contained in the study guide. The exam format may contain multiple choice, fill-in-the-blank, or short answer questions. No exams will be available outside of the regular open exam window without written documentation. **It is expected that no matter where you are, you will find a way to access the Internet** (free Wi-Fi spots, hotel offices, public libraries, etc.) in order to take your exams during the open exam window. *There will be no comprehensive final exam.*

## VIDEO QUIZZES:

There will be 15 video quizzes during the quarter. Each corresponds to the textbook chapter and demonstrates some aspect of the current topic followed by a short quiz to help retain the information.

## WEEKLY CHAPTER QUIZZES:

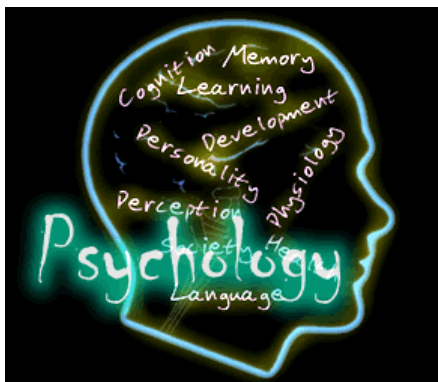
There will be ten chapter quizzes during the quarter. These weekly quizzes are incorporated into the various chapters of the textbook and used to help integrate terms and concepts to further learning.

## DISCUSSIONS:

The discussions are intended to increase your experience in a learning community as well as deepen your understanding and thinking about the subject matter. New topics and discussion questions are open all quarter, so students can work at their own pace after reading the corresponding chapters. Specific details on how to write discussion responses are available in the course modules.



## PSYCHOLOGY RESEARCH PAPER:



For this assignment students will examine specialties within the field of psychology. Students will conduct research to locate and summarize elements within the assignment. Specific directions and details are posted on the Canvas course module.

## POWERPOINT SLIDES:

Each module of the course contains PowerPoint slides that can be downloaded and/or printed. The PowerPoint slides come from the textbook publisher are not narrated so that students can proceed at their own pace.

## **IMPORTANT LINKS:**

Click [here](#) for Important Links regarding E-mail and MyBC, Public Safety, the Academic Calendar, the Academic Success Center, and more.

Canvas is Bellevue College's "Learning Management System" or "LMS". It enables instructors to build and maintain a secure workspace to share course content, communicate with students, provide online learning activities and assessments, and keep track of their students' progress. [Visit Canvas Resources](#)

## **DUE DATES AND DEADLINES:**

All assignments for the course will be open from the first day of the quarter, but have weekly dates and times when work is due. *Because of this generous and open schedule, no late work will be accepted, except under the following circumstances:*

- If you are able to provide written documentation, such as a letter from your health care provider, which explains your need for an exception, it will be considered.
- It is each student's responsibility to know the due dates and times for all assignments and make sure there is an alternate computer (public library, on campus, friend or family member) from which to complete assignments and take exams.
- Computer malfunction or technical problems are not valid excuses to grant an exception to the due date. Plan ahead.

**Put all due dates and exam times in your phone** to help manage your time efficiently. Save your work early, often, and in multiple locations, such as the cloud, a memory stick, or another computer.

**Note:** You will be allowed to submit one late assignment for credit without any documentation this quarter. This can be any graded course content, so you may wish to choose something worth a lot of points, or you can save it for later in the quarter, just in case you need it.

## **INCOMPLETE:**

If a student fails to complete all the required work for a course, they may request a grade of Incomplete ("I"). To qualify, the student must have completed 85% of the required coursework by the end of the quarter, and earned at least a "C" on all completed work. Approval is at the discretion of the instructor.

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All Canvas tutorials and workshops are FREE to Bellevue College students.

**RESOURCES \$12M**  
Click the Resources button for links to additional Canvas resources.

**BE A CANVAS MASTER STUDENT!**  
Sign up and join us! Visit Canvas Resources email us at [servicedesk@bellevuecollege.edu](mailto:servicedesk@bellevuecollege.edu)

## **WITHDRAWAL FROM CLASS:**

College policy states that students must formally withdraw from a class by the end of the seventh week of the quarter during the standard academic year (Registration Office, B125).

If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course. *Merely stopping participation does not qualify as withdrawal.* Check the Enrollment Calendar Deadlines, and Refunds/Withdrawals, for additional details. As with most enrollment deadlines, it is the student's responsibility to be aware of these dates and act accordingly.



## **INSTRUCTOR AVAILABILITY:**

As your instructor for this course, I will make every effort to answer your email questions in a timely manner. My goal is to respond to a question within 24 hours of receiving it Monday through Thursday between the hours of 9am and 7pm, and on Friday between 9am and noon. Emails sent to me over the weekend will be answered on Monday. Note that this response time is only applicable to email questions, not to graded assignments.

I will hold online office hours through our Canvas website. Instructions for participating in online office hours are available in the Getting Started module. All email communication must be done through Canvas during the quarter. Please do not email me at my regular BC email account where it could get lost among the excessive amount of other emails I receive there. To protect your privacy, no communication regarding course work or grades will be sent to your personal, non-Bellevue College, email accounts.

## **SAFE SPACE:**

This class is a Safe Space for all students. Lesbian, gay, bisexual, questioning, queer-identified, and transgender students along with students of all cultures, nationalities, and spiritual beliefs are welcome in this classroom and encouraged to share your thoughts and be an integral part of this course. If a student has any questions or concerns about this, feel free to speak with me or email me about it immediately. **All are welcome in this class!**

## **ADVISING:**

The Psychology Department has an in-house advisor, Deanne Eschbach, located in D110C. Call 425-564-2216 or 425-564-2212 for personal appointment.

## **BELLEVUE COLLEGE AFFIRMATION OF INCLUSION:**

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment



and discrimination. We value our different backgrounds at Bellevue College, and students, faculty, staff members, and administrators are to treat one another with dignity and respect.

### **BELLEVUE COLLEGE ANTI-DISCRIMINATION STATEMENT (TITLE IX):**

Bellevue College does not discriminate on the basis of race or ethnicity; color; creed; national origin; sex; marital status; sexual orientation; age; religion; genetic information; the presence of any sensory, mental, or physical disability; gender identity or veteran status in educational programs and activities which it operates. For further information and contacts, please consult [Affirmation of Inclusion](#)

### **RELIGIOUS HOLIDAY OBSERVATION:**



Students who expect to miss classes, examinations, or any other assignments because of their religious observance should be provided with a reasonable alternative opportunity to complete such academic responsibilities. It is the obligation of students to provide faculty with reasonable notice of the dates of religious holidays on which they will be absent, preferably at the beginning of the term.

The [Request for Accommodations for Reasons of Faith or Conscience Form](#) provides more information about and the steps to request this accommodation.

Students who are absent on days of examinations or class assignments will be offered an opportunity to make up the work without penalty (if they have previously arranged to be absent), unless it can be demonstrated that a makeup opportunity would constitute an unreasonable burden on a member of the faculty. Should disagreement arise over what constitutes an unreasonable burden or any element of this policy, parties involved should consult the department chair, or Dean.

### **CONFIDENTIALITY AND MANDATORY REPORTING:**

As an instructor, one of my responsibilities is to help create a safe learning environment on our campus. It is my goal that you feel able to share information related to your life experiences in classroom discussions, in your written work, and in our one-on-one meetings. I will seek to keep information you share private to the greatest extent possible. However, I am required to share with the Title IX Coordinator any and all information regarding sexual assault and other forms of sexual misconduct (e.g. dating violence, domestic violence, stalking) that may have occurred on campus or that impacts someone on campus. Students may speak to someone confidentially by contacting the BC Counseling Center at (425) 564-2212. The Title IX Office can be contacted at 425-564-2441 and more information can be found at [www.bellevuecollege.edu/titleix/](http://www.bellevuecollege.edu/titleix/).

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## **DISABILITY RESOURCE CENTER (DRC):**

The Disability Resource Center serves students with disabilities. Common disabilities include physical, neurological (e.g. Autism, ADD/ADHD), and mental health (e.g. depression, anxiety). If you are a student who has a disability or if you think you may need accommodations in order to have equal access in your classes, programs, activities, and any other services, please contact the DRC.

If you require assistance in an emergency, please meet with your individual instructors to develop a safety plan for while in class and contact the DRC to develop a safety plan for while you are elsewhere on campus.

The DRC office is located in building B Room 132. You can contact the DRC by stopping by the office at B132, calling their front desk phone number (425) 564-2498, emailing [drc@bellevuecollege.edu](mailto:drc@bellevuecollege.edu). Deaf students can reach them by calling TTY: (425) 564-4110, or by Skype (account name **DRCatBC**). For more information about the services they offer, including their Initial Access Application, visit our website at [Disability Resource Center](#)



### **TIPS FOR SUCCESS IN THIS COURSE:**

**Log onto our Canvas site every day:** In order to complete the weekly assignments and be informed about any changes to the schedule, assignments, and other information about the course it will be necessary for you to check Canvas course website regularly.

**Read the Textbook:** Reading the course textbook as well as assigned readings/ articles will be essential for understanding the course material. It will also give you the opportunity to experience the material in a different media. It will be assumed that you have completed the readings before completing the discussions and case studies so that you will be able discuss and reference the material that you have read.

**Manage Your Time Efficiently:** Do not wait until the last minute to start an assignment. Even though all assignments are open for the entire quarter, each assignment has a weekly due date. Starting your work early allows you to spend the appropriate amount of time on the assignment, and it allows you to contact the instructor if you have any questions. Plan ahead. Save your work early, often, and in multiple locations. Submit proofread work only.

**Talk with me:** I will be available for online office hours every week throughout the quarter. You can also send me an email through our Canvas website where we can correspond or set up a private chat on our site.

## COURSE SCHEDULE:

<b>Week</b>	<b>Chapters</b>	<b>Discussions</b>	<b>Good Ideas Video Quizzes</b>	<b>Chapter Quizzes &amp; Exams</b>
Week 1	<b>Chptr 1:</b> Thinking Critically with Psychological Science	Disc 1, Pt 1		
Week 2	<b>Chptr 2:</b> The Biology of Behavior	Disc 1, Pt 2 & Disc 2, Pt 1	Chptrs 1 & 2	Quiz 1: Chptr 1
Week 3	<b>Chptr 3:</b> Consciousness and the Two-Track Mind <b>Chptr 4:</b> Developing through the Life Span	Disc 2, Pt 2 & Disc 3, Pt 1	Chptrs 3 & 4	Quiz 2: Chptr 2
Week 4	<b>Chptr 5:</b> Sex, Gender, and Sexuality <b>Chptr 6:</b> Sensation and Perception	Disc 3, Pt 2 & Disc 4, Pt 1	Chptrs 5 & 6	Quiz 3: Chptrs 3 & 4 Exam 1: Chptrs 1-4
Week 5	<b>Chptr 7:</b> Learning <b>Chptr 8:</b> Memory	Disc 4, Pt 2 & Disc 5, Pt 1	Chptrs 7 & 8	Quiz 4: Chptrs: 5 & 6
Week 6	<b>Chptr 9:</b> Thinking, Language, and Intelligence <b>Chptr 10:</b> Motivation and Emotion	Disc 5, Pt 2 & Disc 6, Pt 1	Chptrs 9 & 10	Quiz 5: Chptrs 7 & 8 Exam 2: Chptrs 5-8
Week 7	<b>Chptr 11:</b> Stress, Health, and Human Flourishing	Disc 6, Pt 2 & Disc 7, Pt 1	Chptr 11	Quiz 6: Chptrs 9 & 10
Week 8	<b>Chptr 12:</b> Social Psychology	Disc 7, Pt 2 & Disc 8, Pt 1	Chptr 12	Quiz 7: Chptrs 11 & 12 Project Due
Week 9	<b>Chptr 13:</b> Personality	Disc 8, Pt 2 & Disc 9, Pt 1	Chptr 13	Quiz 8: Chptr 13 & 14 Exam 3: Chptrs 9-12
Week 10	<b>Chptr 14:</b> Psychological Disorders	Disc 9, Pt 2 & Disc 10, Pt 1	Chptr 14	Quiz 9: Chptr 15
Week 11	<b>Chptr 15:</b> Therapy	Disc 10, Pt 2	Chptr 15	
Finals Week				Exam 4: Chptrs 13-15