

Aspects of Identity

Current Name in Use (if different from Given Name)	Chronic Illness / Medical History
Race	Hair Style and Color
Ethnic Affiliation(s)	Preferred/Required Distinctive Attire / Style
Immigrant Status / Nationality	Glasses, Hearing Aids, or Other Visible Aids
Sex (Biological Gender)	Other Distinctive Visible Physical Traits (skin, teeth, eyes, etc.)
Gender (Identity and/or Expression)	Past Trauma / Assault
Sexual Orientation	Generational Trauma
Spiritual / Religious Identity	Childhood* Socioeconomic Class
Mother Tongue	Childhood* Family Life
American English Proficiency	Childhood* Social Life (in and out of school)
Accent	Childhood* Locational Stability
Culinary Limitations and Identity	Educational Pathway**
Physical Ability	Employment Pathway
Mental / Emotional Ability	Reliable Access*** (Healthcare, Financial Systems, Transportation, etc.)
Learning Ability	Welfare*** (Medicaid, Food Stamps, Unemployment Benefits, etc.)
Age	Parents' / Guardians' Education Level(s)
Socioeconomic Class	Parents' / Guardians' Immigrant Status(es)
Education Level	Access to Extended Family
Military Status	Locational Path (The place or places you have lived)
Marital Status / Family	History of Current Location
Height	Political and Structural Impact
Body Shape	
Visible Level of Fitness	

* Prior to age 18

** Examples: Change schools often, type of school or academic program, ability to go straight from high school to college, ability to go straight through college, etc.

*** Current or in the past