

- **October 28th: Halloween Dance.** Tickets are \$7 in advance, \$10 at the door. Buy tickets in C105 before they're gone!
- **Free Int'l Transfer Fair** will be held in the BC Cafeteria on November 3rd from 9:30am to 1:30pm

**REMEMBER**

- **NO CLASS! WEDNESDAY OCT 26th!** Enjoy your day off!
- There will be limited advising at ISP on Friday, Oct 28th. If you need to see an advisor, please schedule an appointment either before or after Oct. 28th.

# The ISP Quarterly

BELLEVUE COLLEGE

OCTOBER 19, 2011

## Orientation Camping Trip

Fall Quarter Orientation is always an exciting time for Bellevue College's ISP staff and new students. We welcome newcomers from around the world with orientation sessions, group advising, catered lunches, and campus tours. The 2011 Orientation Week was especially dear to us as we introduced our first ever orientation camping trip: Camp Vita Nova at Lake Retreat. ISP took roughly 90 students and staff to beautiful Retreat Lake in Ravensdale, WA for a two night, three day camping adventure. Through large group gatherings, breakout sessions, games, crafts, cabin time and campfire, students were able to bond with one another and take time to adjust to life at Bellevue College and the United States. Students had the

opportunity to take advantage of all that Camp Vita Nova had to offer, including; boating, swimming, camp fires, roasting marshmallows, tie dying shirts, playing



**Student Leader Anh Nguyen and her cabin show off their camp spirit!**

sports, camp games, and much more. We also spent time in orientation sessions and team building activities, ensuring stu-

dents the opportunity to lay the foundation for lasting friendships with their peers. ISP would like to take a moment to thank our wonderful student leaders; Yuto Terauchi, Khoa Nguyen, Keebaek Lee, Monica Mendoza, Ling Ling Chiu, Chu Hong Xu, Marta Sobinska, and Anh Nguyen. These student leaders went above and beyond the call of duty to make sure all the new students were taken care of and enjoying camp.

The ISP staff was thrilled to see so many students taking advantage of this unique experience!

For pictures, find our Facebook page: Bellevue Community College—International Student Programs.

## International Transfer Fair

It's never too early to start planning your university transfer. ISP is pleased to announce that the annual Bellevue College International Transfer Fair is taking place in the cafeteria on November 3rd from 9:30am to 12:30pm. Enjoy this opportunity to speak with representatives of universities from all over the USA. Keep in mind that UW will have a special Int'l Admissions Seminar on Tuesday, Nov. 15th from 1:30pm to 3:00pm in the BC Cafeteria as well! All are welcome.

ATTENTION INTERNATIONAL STUDENTS!

Do you want to transfer to a four-year school?

**Please join us for the...**  
**INTERNATIONAL TRANSFER FAIR**  
 Thurs., Nov. 3, 2011 • 9:30am – 12:30pm • Cafeteria

There may be some unexpected school cancellations before the event.

Special Announcement:

University of Washington (UW) International Undergraduate Admissions Seminar

Tues., Nov. 15, 2011 • 1:30 – 3:00pm • Cafeteria

# Events on Campus by Alexandra Moerdomo



2010 Halloween dance.

As radiant and cloudless days have dwindled while our late-night studying now stretches past midnight, lets not forget that Bellevue College's myriad of events this Fall will keep your minds at ease and your days full of entertainment.

Starting off October was the Latino Heritage Month celebration on Thursday, October 13. Organized by the joint efforts of Latin American Culture Club and El Centro Latino!

BC Spirit Week starts on Monday, October 24, so remember to wear blue and silver to show your school spirit! The Rotaract Club is

kicking-off Spirit Week with the "End Polio Now" campaign. the club is not only educating BC's student body about the crippling disease, but also fundraising to support humanitarian efforts of Rotary International and the Bill and Melinda Gates Foundation to eradicate the polio virus.

Annual events like BC's Got Talent, Crazy Hair Competition, and BC Fashion Show will ensue the following days. Throughout the week, staff and students from the organizing committee will secretly wander around campus on the lookout for the

best BC spirit! Stay flashy and flamboyant - they award prizes after prizes!

Ending the week with a bang is the ever highly-anticipated Halloween Dance on Friday, October 28. A professional DJ spinning everything from techno to trance. A professional stage make-up artist applying prosthetic, special effects and theatrical makeup. A haunted house designed by students for students. An extravagant costume contest. A generous amount of free food and glow sticks. Need I say more?

So, mark your calendars for some Fall quarter fun! Stay tuned for November and December events!

# Student Ambassadors by Alexandra Moerdomo

*ISP sends a large welcome to the 2011-2012 International Student Ambassadors!*

This Fall, ISP introduced a the International Student Ambassadors program. The program runs for an academic year and allows the ambassadors to develop leadership skills, contribute to the community, gain experience and volunteer hours, and be eligible for a tuition waivers up to \$1,600 per year. The program was designed for international students to assist fellow peers in order to maintain and improve student success--both person-

ally and professionally--at Bellevue College.

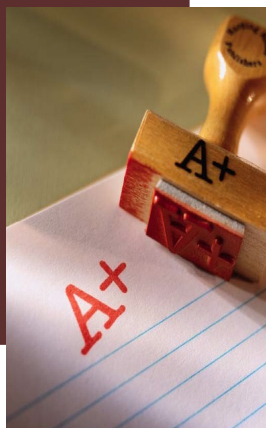
A team of 10 international student ambassadors have been selected to meet the needs of the international student body on campus. Advised by ISP, this group of ambassadors were chosen to represent BC's diverse student population on campus.

Meet the 2011-2012 team of International Student Ambassadors:

Ling Ling Chiu	China
Kee Baek Lee	Korea
Alexandra Moerdomo (Lexi)	Indonesia
Anh Nguyen	Vietnam
Khoa Nguyen	Vietnam
Tam Nguyen	Vietnam
Marta Sobinska	Poland
Yuto Terauchi	Japan
Tatsuya Waida	Japan

# Campus Resources

Keep your mind and body sharp with these helpful resources



Now that the weather is turning colder, its time to buckle down and study! BC has a wide variety of services and free workshops to help you succeed! Please refer to this list as you look for ways to enhance yourself.

**WORKSHOPS:**

**Test Anxiety:** Oct 19

D204. 12:30pm

**Stress Management.** Oct 25

D204. 1:30pm

**OPT Online Workshop.**

Please check your BC email for details.

**Correct Run-On Sentenc-**

es: Oct 19

D240H. 4:30-5:20pm

**Descriptive Writing:** Nov 2

D240H. 4:30-5:20pm

**Documenting Sources in MLA and APA:** Nov 9

D240H. 10:30-11:20am.

Other helpful resources:

**Open Gym**

Fridays 8:30am-2:00pm.

# Campus Resources (Continued)



Check out the free Wellness Center classes to keep fit!

**WELLNESS CENTER:** Sign up in advance at [bellevuecollege.edu/wellnesscenter/](http://bellevuecollege.edu/wellnesscenter/)

**Friday Afternoon Hikes:**

Nov 18, 3:00-6:00pm Little Si  
Dec 2, 3:00-6:00pm Rattle Snake Ledge

**GPS Navigation Clinic**

November 2, 3:00-5:30pm

**San Juan Island Bike Tour**

October 28-29, 1:30pm Friday-7:00pm Saturday

**Introduction to Indoor Rock Climbing: Vertical World Redmond**

November 9, 4:00-6:00pm Redmond Vertical World

**Introduction to Zumba**

Nov. 2 BC Gymnasium

12:30-1:20pm

Nov 30 BC Gymnasium

12:30-1:20pm

**Weekly Yoga Sessions:**

Tuesday's (Sept 27-Nov 29)

R014 Dance Room 8:00-9:00am

Wednesday's (Sept 28- Nov 30)

R014 Dance Room 1:30-2:20pm

**Weekly Nia Dance Classes:**

Monday's (Sept 26-Nov 28) R014

Dance Room 1:30-2:20 PM

*Sign up for school closure information at [www.bellevuecollege.edu/status](http://www.bellevuecollege.edu/status). It'll go straight to your phone or email.*

## Things to Remember...

### COLD WEATHER

As the air outside turns chillier outside, remember that Bellevue College sometimes closes for snow and other cold weather conditions. If it is snowing and you are unsure if school is open, you can call (425) 401-6680. You can also sign up at [bellevuecollege.edu/status/](http://bellevuecollege.edu/status/) to receive an email or text message telling you if school is closed.

### IMMIGRATION

The Holidays are approaching quickly. If you are planning to travel outside of the USA, make sure to get your I-20 signed by ISP before you leave! If you are traveling after the quarter ends, you'll need to be registered for Winter Quarter or approved for a vacation quarter before you leave the USA.

### WE'RE HERE TO HELP

Did you know that BC has a free counseling service on campus. You may be adjusting to school life and to life in the US. If you need anyone to talk to, you can see a BC counselor in the B building, or meet with an ISP advisor at House 6. Remember, we are here for YOU.

## The Pacific Northwest in Autumn

Autumn in the Seattle Area is full of beautiful colors and lots of fun activities. With Halloween right around the corner, check out many of the U-Pick pumpkin farms in our area for a true taste of American culture. For farm listings, go to [www.pumpkinpatchesandmore.org](http://www.pumpkinpatchesandmore.org). Another fun adventure is to explore a corn maze. Many pumpkin farms have corn mazes on their

prosperities as well. If you are the more daring type, a visit to a haunted house or haunted woods might be a fun outing. Grad your friends and check out "Nightmare at Beaver Lake" in Sammamish. It's a hit every year and guaranteed to scare you! Their website is [www.nightmareatbeaverlake.com](http://www.nightmareatbeaverlake.com). Whatever you do this season, enjoy the beautiful colors and fresh air!

*Enjoy the Harvest Season with a trip to a pumpkin patch.*





## Bellevue College Mission Statement:

Bellevue College is a student-centered, comprehensive and innovative college, committed to teaching excellence, that advances the life-long educational development of its students while strengthening the economic, social and cultural life of its diverse community. The college promotes student success by providing high-quality, flexible, accessible educational programs and services; advancing pluralism, inclusion and global awareness; and acting as a catalyst and collaborator for a vibrant region.

### ISP at Bellevue College

House 6  
3000 Landerholm Circle SE  
Bellevue, WA 98007  
Phone: 425-564-3185  
Fax: 425-641-0246  
E-mail: [isp@bellevuecollege.edu](mailto:isp@bellevuecollege.edu)

Where the world comes together to learn.



## HALLOWEEN DANCE

Get your tickets now for the Halloween Dance on Oct 28th! This annual event sells out every year and offers a professional sound and light DJ, free food, a costume contest, and many prizes. With over 300 people in attendance, this is the largest party on the Bellevue College Campus. Wear your favorite costume and experience Halloween!! Get your tickets in C105 today!

