

CAMP SCHEDULE

This is a typical day at camp, but each day there will be changes to the schedule.

<u>Time</u>	<u>Event</u>
8:40	Gym open for camper drop-off
9:00	Check in & free shoot
9:10	Bulldog warm ups
9:20	Camp stretch
9:30	Camp ball handling as a group
9:45	Topic of the day demonstration
10:00	Shooting stations
10:55	Free shoot
11:00	Game time
12:00	Lunch & free shoot
1:00	Bulldog warm up
1:10	Ball handling stations
2:00	Game time
3:00	Check Out

***Each camper will need to provide their own lunch each day.**

ALL CAMPERS RECEIVE A GREAT CAMP T-SHIRT AND BASKETBALL!

INFORMATION

Cost:

Cost is \$195 per camper, but if you have more than one camper in the family, it is \$185 each. *Make checks payable to **Bellevue College Basketball**.*

Directions to Bellevue College Gym:

From I-405 and I-90 interchange in Bellevue: East on I-90. Exit 11B (148th Ave SE) which hooks over I-90. Take left at SE 24th St (3rd stop light after exiting). Proceed straight through (heading west) to gym parking lot just past the baseball field. Gym is the large building just south of the baseball field.

How to register:

- 1) Complete form. *Please print clearly.* Use black ink if faxing.
- 2) You may pay by check/money order or credit card (Visa or MasterCard). *Make checks payable to **Bellevue College Basketball***
- 3) Submit your information/payment by one of three ways:
 Phone: (425) 564-2193
 Fax: Jeremy Eggers (425) 564-3129
 Mail: Bellevue College
 c/o Men's Basketball
 3000 Landerholm Circle SE
 Bellevue, WA 98007-6484

Cancellations-refunds:

48-hour cancellation policy. Please call (425) 564-2193 if you cannot attend a camp.

Contacts:

To sign up for camp, cancel, provide a credit card number or any other questions call: (425) 564-2193 Jeremy Eggers

REGISTRATION FORM: 2009 BC SUMMER BASKETBALL CAMP

JULY SESSION _____ AUGUST SESSION _____

Player's Name _____ Phone: h _____ c _____
 Address _____ City, State, Zip _____
 Grade _____ School _____ Date of Birth _____ Gender M F
 Payment check Visa MC Card # _____ exp date _____
 name on card _____

Release of Liability—permission to play basketball
 I authorize all medical, surgical, diagnostic and hospital procedures as may be performed or prescribed by a treating physician for my child, if I cannot be reached in an emergency. I further agree that neither I nor my child, will bring any claims of any kind against Bellevue College and/or its basketball camp employees as a result of any injuries, expenses, or damages that I, or my child may suffer in connection with my child's participation in the camp, whether such claims are known or unknown or arise in the future.

Parent/guardian name: _____
 Signature of Parent/Guardian: _____ Date: _____

INSTRUCTION

Come learn the game from the coaches and players of the NWAACC qualifier men's and women's basketball teams. Campers have the opportunity to learn from the same coaches and players who led the Bellevue College men's and women's teams to five consecutive NWAACC Tournaments. The Bellevue College coaches want to pass along this success to the community, using tried and true methods to help develop young players into better all-around basketball athletes. Campers will be taught using some of the same drills and techniques that have built regional champions here at Bellevue! Camp will include instruction in the following areas:

- Shooting**
- Ball handling**
- Rebounding**
- Passing**
- Screening**
- Situation stations**
- Perimeter play**
- Post play**
- Transition basketball**
- Team & individual defense**

Bellevue College reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran.
Please visit www.bellevuecollege.edu/equal.asp

Presorted
Standard
U.S. POSTAGE
PAID
Bellevue, WA
Permit 43

Bellevue College
Men's Basketball
3000 Landerholm Circle SE
Bellevue, WA 98007-6484

Summer '09 Basketball Camps



BELLEVUE COLLEGE ATHLETICS

Session 1: July 13-16, 2009
Session 2: August 3-6, 2009
9am-3pm
Boys & Girls
Grades 2 thru 9